

MAKING TEAMMATES BETTER:

Positive Initiation and Hazing

This workshop for student-athletes of high school age and older provides a deeper view into **how teammates can help each other improve** – one of the three key components in PCA's original workshop for student-athletes, *Becoming A Triple-Impact Competitor*®.

This workshop teaches teammates how to welcome new players informally, starting on day one, and formally, through **Positive Initiation**. These techniques create bonds and move teams toward their full potential. A section of the workshop contrasts this with hazing, and how to prevent it.

